

Standards in Foot and Ankle Surgery

10:00 Welcome (Hase, Beil, Walther)

10:00 -12:00 Current concepts in forefoot surgery

Chair: WALTHER – HASE – FOURNIER

10:05	Indication for open and minimal invasive surgery of the 1 st ray – Current trends in Europe	Walther
10:20	Management of lesser toe deformities	Hase
10:35	Off-loading the Forefoot-role of Rocker-soled Shoes	Saxena
10:50	Hallux valgus management in athletes	Fournier
11:05	Turf-toe: what is it?	Saxena
11:20	Idiopathic and iatrogenic hallux varus correction	Camasta
11:35	Discussion	

12:00-13:00 Mittagspause - Lunch

13:00-14:30 Arthroscopy and Sports in Foot and Ankle

Chair: GALLA – STINUS – POLZER

13:00	Arthroscopic lateral ligament repair in the ankle	Galla
13:15	Tendoscopy	Walther
13:30	Arthroscopy MTP 1 joint. Indications, technique and limitations	Grady
13:45	Management of the instability of the first metatarsophalangeal joint: From "Turf-toe" injuries to "Sand-toe" injuries	Quing Shou
14:00	Arthroscopic fusion of the ankle and the subtalar joint	Polzer
14:15	Freie Vorträge	
14:45	Discussion	

15:00-15:30 Kaffeepause - Coffee break

15:30-16:30 Tendon disorders

Chair: HÖRTERER – SAXENA – DREYER

15:30	Management of acute Achilles tendon ruptures – in athletes and others	Saxena
15:50	Management of chronic Achilles tendon ruptures	Dreyer
16:15	Management of peroneal tendon disorders	Fournier
16:30	The challenge of insertional tendinitis of the Achilles tendon	Hörterer

16:45-18:45 Workshop Shockwave

Chair: SAXENA Amol, GERDESMEYER Ludger

	Evidence for shock wave in bone and soft tissue problems	Gerdesmeyer
	Shock wave therapy in foot and ankle – indications, tips and tricks	Saxena
	Shock wave in OCD, Bone edema and Muscular problems	Meßmer

The workshop will address: Plantar fasciitis, Mid portion Achilles tendinitis, Insertional tendinitis, Peroneal tendon disorders, OCD, Bone edema and Muscular problems
Practical exercises (Instructors: Saxena, Gerdesmeyer, Meßmer)

19:30-21:00 Dinner Workshop (Extremity Medical)

Organized by Extremity Medical

Location TBD, Responsible Achim Simons, Extremity Medical